

Lark Valley and North Bury Team Ministry

VIRAL BULLETIN

14 June 2026

2nd Sunday after Trinity

Please forward this to anyone you know who might not be in our Google group.
For information about us please visit: www.northburychurches.org.uk



Lark Valley and North Bury churchwardens seen with the Rural Dean (aka the Team Rector) at the Archdeacon's Visitation in Barrow church on Tuesday evening, 9 June.

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2nd Sunday after Trinity

Exodus 10.2-8a Psalm 100

Romans 5.1-8 Matthew 9.35-10.8(9-23)

During this period of 'ordinary time' we will read and hear from so many passages of scripture telling of Jesus' ministry and stories and parables he told to those who followed him. It is a time of rich growth and learning, really there is nothing ordinary about it.

It is a time to reflect on these passages, to think what they might mean to us now and what we as a church can learn from ancient scripture. Not just the Gospels but the writings of the Old Testament and the letters that the early Christians received, these are letters and history for us now as much as they were for those people then.

We will hear passages full of sayings that we may have heard before. My question is always: will we see them in a new light now? Or will we just think: oh I have heard this before, it says the same thing every time. Sometimes we will hear things in a new light, the same words hit us differently and be transformative in some way, whether in a small way or a way that changes everything.

In this week's Gospel reading we hear one of those phrases: "The harvest is plentiful, but the labourers are few", words many of us will have heard before. Similar phrases and analogies can be found out of faith circles, too. Jesus has realised there is just too much for him to do by himself. His mission and ministry is growing in such a way that so many people are coming to him to hear his words of wisdom, to his words of the news which is always good, to be healed.

He is a victim of his own success. So, he needs to make a decision. He needs to send those out whom he trusts, who understand his message, the twelve are put into action. They will be able to reach those that Jesus currently can't, he cannot be in two places at once, he cannot proclaim his message in all places, he has no time to heal all those who travel to see him.

These twelve trusted people can help so they need to go. Jesus warns them that it will be difficult, the life of spreading faith can be full of pitfalls. They will need to use their wits, to witness division and violence, but still show the calmness and positivity of his work.

Often churches now can have similar problems, in my experience over the past 10 years or so many things that others and I have thought of, prayed for and dreamed of haven't been able to come to fruition. The question that comes back again and again is – have we got the people to do this? We know (most of the time) that we cannot do it alone, even if we think we can – I have tried to do things by myself and realised that I cannot bear the burden as one person.

So sometimes we must put dreams or plans to one side because we can't keep calling upon the same people to help with something else. Sometimes we try being open to what we would love to do ... but we can't deliver it because we need people to help who can stir up action, and sometimes it just doesn't happen.

I have come to realise that this may be because it is not yet the right time or the idea isn't quite what it should be, God has his own time and ways of working, even if it can be frustrating.

It is not easy to spread the word, our numbers are not always what we want, but we need to be steadfast in our faith. Know the truth, but still be witness to the good news, the caring, the hospitality, to call out the injustices that we are called to give all people.

This is why this green time is much more than ordinary, it can give us the time and the space to really pray and reflect on what we are doing, on what we can do and to summon up labourers for the time to come.

So if these or other words hit you between the eyes and encourage you to take action, talk to someone, pray about it, spread the word. Use that impetus to add to the labourers to reap the harvest that is awaiting beyond the walls we build both literally and psychologically.

Rev Helen

Lark Valley and North Bury Churches

SERVICES WEEK BEGINNING 14 JUNE

SUNDAY 14 June 2nd Sunday after Trinity

8.00am	Holy Communion (BCP)	Culford
8.00am	Holy Communion (BCP)	All Saints', Bury St Edmunds
9.30am	Holy Communion (CW)	St George's, Bury St Edmunds
9.30am	Holy Communion (CW)	All Saints', Bury St Edmunds
10.00am	Eucharist (CW)	Fornham St Martin
10.00am	Eucharist (CW)	Lackford
11.00am	Sung Eucharist (CW)	St John's, Bury St Edmunds

Monday 15 June *Evelyn Underhill, spiritual writer, 1941*

Tuesday 16 June *Richard, Bishop, 1253* *Joseph Butler, bishop, philosopher, 1752*

6.00pm	A Quiet Space	St John's, Bury St Edmunds
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Wednesday 17 June *Samuel and Henrietta Barnett, social reformers, 1911 and 1936*

8.30am	Morning Prayer (CW)	St John's, Bury St Edmunds
9.30am	Eucharist (CW)	St John's, Bury St Edmunds
5.00pm	Evening Prayer (CW)	St George's, Bury St Edmunds

Thursday 18 June *Bernard Mizeki, martyr, 1896*

9.30am	Eucharist (BCP)	All Saints', Bury St Edmunds
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Friday 19 June *Sundar Singh, sadhu (holy man), evangelist, teacher of the faith, 1929*

5.15pm	Evening Prayer (CW)	St John's, Bury St Edmunds
6.00pm	Eucharist (CW)	St John's, Bury St Edmunds

Saturday 20 June

SUNDAY 21 June 3rd Sunday after Trinity

8.00am	Holy Communion (BCP) <i>followed by breakfast</i>	All Saints', Bury St Edmunds
9.30am	Holy Communion (CW)	St George's, Bury St Edmunds
9.30am	Holy Communion (CW) <i>preceded by breakfast</i>	All Saints', Bury St Edmunds
9.30am	Matins (BCP)	Timworth
10.00am	Eucharist (CW) <i>preceded by breakfast at 9.15am</i>	West Stow
10.00am	Eucharist (CW)	Fornham All Saints
11.00am	Sung Eucharist (CW)	St John's, Bury St Edmunds
6.00pm	Midsummer Team Evensong (BCP) <i>followed by refreshments</i>	Wordwell

Here they are again ~ our churchwardens who were admitted at the Archdeacon's Visitation, seen here with Mother Ali.



*left to right: Ali Miller, Jean Lindsay (Flempton), Marina Kralina (All Saints', Bury), Steve Robertson (St John's, Bury), John Sadler (Lackford), Alison Pettitt (Timworth).
With thanks to Gina Robertson for this and the cover photograph.*

Corpus Christi altar party at St John's



*left to right: Matthew Kemsley, Dominic Watts, Gina Robertson, Helen Prior-Townsend, Ali Miller, Michael Phillips, Jane Howlett, Adrian Mann.
With thanks to Steve Robertson for the photograph.*

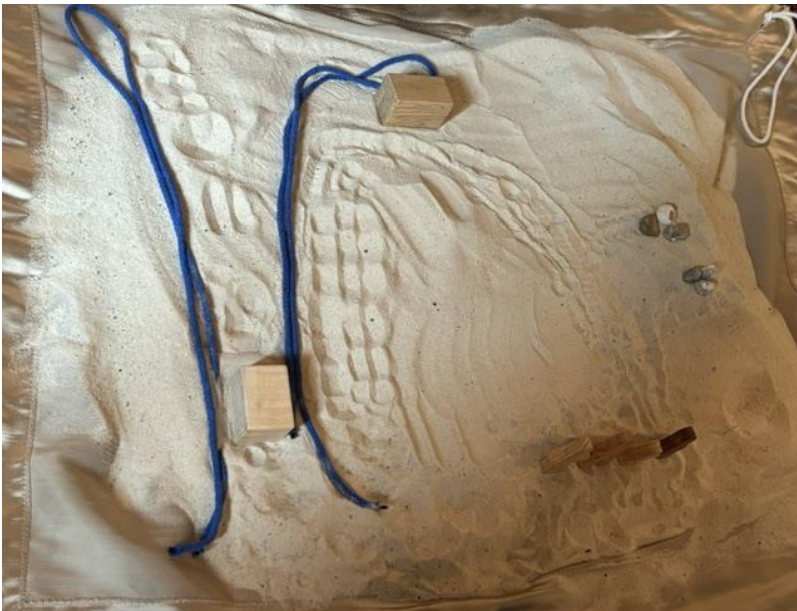
Wonder Club ~ Lackford, 7 June

Ali Miller

At Wonder Club, Revd Andy told the story of The Great Family and we joined Abram and Sarai (who later became known as Abraham and Sarah) on their journey. We heard of God's promise of descendants as numerous as the grains of sand or of stars in the sky.

We made starry skies, played with homemade playhouse, and cut out paper families! And of course there was cake - lemon, blueberry and almond flavour. Next time we meet someone who went overboard.

Sunday 5th July, 3pm, St Lawrence, Lackford.





**Churches
Conservation
Trust**



**THE CHURCH
OF ENGLAND**

All Saints' Church, Wordwell

Wordwell, Bury St Edmunds, Suffolk, IP28 6UN



Midsummer Team Evensong

Sunday 21st June

6:00pm

All Welcome

Elderberries u3a Summer Concert



The Elderberries would like to make sure you've added Friday 26th June to your diaries, when they'll be performing their Summer Concert at All Saints' Church, Park Road, Bury St Edmunds, IP33 3QW starting at 6.30pm. Tickets are £7 (£4 under 16s) and only available on the door (cash only) so get there early.

You will be entertained with a very varied programme, arranged in chronological order, from 1500s to the present day. So you will hear everything: classical and pop, sacred and secular, jazz and romance.

And in addition, you will be treated to a lavish buffet in the interval - provided by the choir at no extra cost.

We are bigger and better than ever before and have been working hard over the last three months to put together this programme, so we'd love you to come and appreciate our efforts. See you there!

Karen Norris

St George's Bingo Update

Maz Callaby

We had a very successful evening of bingo and companionship last Saturday (ask the Rector and Rev Ali) and we were pleased to be able to donate £100 to the Drop-In Centre.

Many thanks to all those who supported us and helped with refreshments. Come and join us in September for a fun evening.

Christian Aid Week

David Yates

OUR PARISHES in the benefice supported the annual Christian Aid Week, 10 – 17 May, to help all those struggling to cope with poverty and hunger in so many less developed countries, having to survive with wars and famine and failing crops. Christian Aid tries hard to alleviate and support them, with local partner organisations.

Like Fridah Moraa (*pictured below*), who lives in a corrugated metal shelter in Nairobi, often waking in the morning with no food to feed her two children, after her husband died, with daily aching hunger.



Christian Aid has established a trusted partner, Beacon of Hope, who are supporting such families to overcome poverty for themselves, with opportunities to train as farmers, gaining skills and equipment to grow produce near their homes, and they are gradually turning the tide on urban poverty, feeding themselves and taking produce to market.

With grateful thanks to the parishes in the benefice, £2,020 has been raised with the donations returned in the little red envelopes supplied by Christian Aid and distributed around our communities and in the churches, as well as holding coffee mornings.

With thanks to those who completed the gift aid slips, an additional £367 tax can be claimed by Christian Aid from the Government, resulting in income of £2,387 to Christian Aid, a very worthwhile effort by all involved.

CREAM TEA
on Saturday 4th July
from 3-5pm

in the Anselm Centre garden
IP32 6JZ

In aid of the
Bury Drop-In Centre and St George's Church



Everyone welcome
£6.00 per Adult £3.00 per child
To include scones, cream and jam
unlimited tea, coffee or cold drinks

To book your place contact either:

Wendy on 01284 768714 or

Maz on 01284 767758 or

Email: maz.callaby@btinternet.com

WONDER CLUB

**Wonder Club is our monthly All Age
afternoon benefice service, using Godly Play**

We meet at St Lawrence, Lackford, 3pm

Expect stories, wondering, craft, cake



2026 dates

7th June

5th July

August - Break

6th September

4th October

1st November

December - tbc

What does Godly Play offer?

Ways to be community - Building trust and exploring together

**Ways to create sacred space - Making a place to wonder, and
taking time to reflect**

**Ways to get inside stories -Discovering the languages of word,
gesture, symbol and silence**

**Ways to search for meaning - Supported by community, story
and space, deepening spiritual meaning in our lives**

Knitters and Natterers at St George's are at it again



Valerie Wilde and Alan Cole display some of the nine blankets sent off last week to Hamlyn Fistula UK, the charity dedicated to the treatment and prevention of childbirth injuries in Ethiopia, part of the Hamlin family of charities founded by pioneering surgeons Dr Reg Hamlin OBE and Dr Catherine Hamlin AC. Reg and Catherine were in Ethiopia to train midwives when they first discovered the overwhelming numbers of women suffering the terrible plight of fistula and realised that little to nothing was being done to help them. The knitted blankets are sent to the hospitals in Ethiopia and each one will become a treasured source of comfort to a woman in Hamlin Fistula's care. The knitters are drawn from church members and their friends from across the team and, as well as Valerie and Alan, they include Wendy Stott, Sue Piper, Sarah Gull, Valerie Wood, Julie Barford, Janet Ely, Kyra Turner, Lesley Horn, Wendy Flannigan and Julia Mann.

(With thanks to Julie Barford for the photo.)

WEST STOW CHURCH

JULY 1ST

**CHAT, COFFEE, TEA,
BISCUITS
9.30 – 11.30**

**Donations in aid of
CHURCH FUNDS
this month**

Donations to 

Coffee Morning

Tuesday 7th July
10:00 - 11:15 am

All Saints Church

Coffee or tea, cake and chat

All Welcome



Lark Valley & North Bury Team Ministry www.northburychurches.org.uk

Fornham St Martin Church

Book Sale, Coffee & Cakes

Saturday 18th July

10:00am - 3:00pm

Over 2000 books and lots of
cakes, scones and pastries.

All Welcome



Lark Valley & North Bury Team Ministry www.northburychurches.org.uk

Hymns and Pimms

FORNHAM ALL SAINTS CHURCH
SATURDAY 25TH JULY
6:30PM FOR 7:00PM

Come and sing 10 hymns - one chosen
by each parish in the LVNB Benefice

Enjoy a glass of Pimms or a soft drink

Free entry



Hymns and Pimms

Contacts

Revd Dr Andy Miller 01284 728714 teamrectorlvnb@btinternet.com
Revd Ali Miller 01284 728714 teamvicarlvnb@btinternet.com
Team Office 01284 700400 NBTLVB@outlook.com

We also have assistance from our Assistant Priest, Sarah Gull, and from priests within the benefice who have permission to officiate.

Please don't forget ...

to let Julie Hooton NBTLVB@outlook.com
and the 'Viral Bulletin' adrian.mann@btinternet.com

have news and details of events which have happened
as well as events which are coming up at your church.

And your photographs are always welcome, but please don't forget to ask permission of those who may therefore appear in the Viral Bulletin.
